

*Sonya Lyn*

**Give your audience more than  
a speaker, give them a life  
transformational experience**

**"You are the hero on your  
healing journey."**

Sonya is no stranger to speaking. She is an ordained minister and loves officiating weddings, she hosts a weekly Live on Purpose podcast and facilitates breathwork experiences for people all around the globe in person and virtually.

She has heard "You are the calmest person I've ever met." She is known for her soothing meditative voice. She often hears how much of an inspiration she is and that her story must be told and heard by more people.

Sonya custom-tailors presentations and breathwork experiences to the needs of her audience, while inspiring, motivating and holding a sacred space for a powerful and profound journey.



Sonya is a Breathwork Facilitator, Life Transformation Coach, and Energy Healing Practitioner guiding you on your journey from surviving to thriving. She is passionate about supporting and inspiring men, women, and teenagers who feel lost, stuck, and alone on their journey from pain to power, peace, passion and purpose. She knows all too well that life transitions can leave you feeling like something is missing and even question who you even are or what your next purpose is. She is also a Yoga Teacher, Intervention Counselor, CBD Wellness Advocate, Energy Healing Practitioner, Spiritual Mentor, as well as a Reiki, and EFT Master.

### **Topics Have Included:**

Pain to Purpose	★★★★★
Motivational Coaching	★★★★★
Power to Heal	★★★★★
Energy Leadership	★★★★★
Journey to Power	★★★★★



SONYA LYN

FEE SCHEDULE



BREATHWORK ~ SPEAKING EVENTS ~ FACILITATOR

## PRICING ACCORDING TO GEOGRAPHICAL LOCATION

### BASE RATE EXCLUDES

- SMALL BUSINESS  
EVENTS
- PRIVATE  
PERSONAL  
GROUPS
- CORPORATIONS
- COLLEGES
- DIRECT  
MARKETING
- RETREATS

\*Military Discount Available

**UP TO 1-HOUR BASE SPEAKER FEE** **\$5000**

accruing expenses (but not limited to)

.60 cents per mile

Air Fare

Meals

Hotel Accommodations

Parking Fees

**BREATHWORK EXPERIENCE (2 HRS)** **\$2000**

\$1500 additional for each hour

**WORKSHOP PRICING  
BREATHWORK EXPERIENCE** **\$5000**

[www.sonyalyn.com](http://www.sonyalyn.com)

[Sonya@Sonyalyn.com](mailto:Sonya@Sonyalyn.com)

6033156138

@Sonya\_\_Lyn